

RED

RIBBON

CLUB

Session - 2023 - 2024

## Office Bearers

Nodal Officer: Dr. Shelly Paul Bhadeval

President :

Vice President:

Organising Secretary:

Member :

Member :

## Red Ribbon Club - Volunteers

1.	Sugandhi	21ENG003	B.A.-III
2.	Jamanna	21ENG005	B.A.-III
3.	Riya	21ENG011	B.A.-III
4.	Tulsi	21ENG012	B.A.-III
5.	Shagun	21ENG013	B.A.-III
6.	Palak	22ENG002	B.A.-II
7.	Kritika	22ENG004	B.A.-II
8.	Sneha Saini	22ENG005	B.A.-II
9.	Muskan	22ENG017	B.A.-II
10.	Akshita	22ENG018	B.A.-II
11.	Muskan	22ENG029	B.A.-II
12.	Akanksha	22ENG030	B.A.-II
13.	Pooja	22ENG034	B.A.-II
14.	Meghana	22ENG035	B.A.-II
15.	Shilpa	22ENG036	B.A.-II
16.	Rupali	22ENG037	B.A.-II
17.	Vrinder	22POL069	B.A.-II
18.	Akshit	22GEO011	B.A.-II
19.	Akshay	22GEO014	B.A.-II
20.	Uday	22GEO031	B.A.-II

21	Priyanshu	22 SKT009	B.A. - II
22	Reera	22 SKT010	B.A. - II
23	Sahil	22 MUS002	B.A. - II
24	Ritu Bhatia	22 MUS003	B.A. - II
25	Shreya	23 BOT003	B.Sc. - I
26	Samira	23 ZOO005	B.Sc. - I
27	Simran	23 BOT005	B.Sc. - I
28	Tania	23 BOT006	B.Sc. - I
29	Damini	23 BOT015	B.Sc. - I
30	Sneha	23 ZOO007	B.Sc. - I
31	Simran	23 BOT013	B.Sc. - I
32	Isha	23 ZOO006	B.Sc. - I
33	Shikha	23 ZOO008	B.Sc. - I
34	Ritu	23 BOT017	B.Sc. - I
35	Nitali	23 BOT024	B.Sc. - I
36	Simran	23 BOT023	B.Sc. - I
37	Shilpa	23 ZOO002	B.Sc. - I
38	Sakshi	23 BOT019	B.Sc. - I
39	Anurag	23 POL035	B.A. - I
40	Shivani	23 ENG014	B.A. - I
41	Radhika	23 POL086	B.A. - I
42	Anshika	23 GEO004	B.A. - I
43	Saloni	23 PED001	B.A. - I
44	Aman	23 POL036	B.A. - I
45	Vipin	23 ENG011	B.A. - I
46	Muskan	23 POL050	B.A. - I
47	Palak	23 POL021	B.A. - I
48			
49			
50			

EVENT: LECTURE ON MENSTRUAL HYGIENE

VENUE: EXAMINATION HALL

DAY & DATE: 5<sup>th</sup> AUGUST, 2023

NO. OF PARTICIPANT: 100

The 28<sup>th</sup> of May is observed as Menstrual Hygiene Day every year. The purpose of the day is to highlight the importance of good menstrual hygiene, break stigma around menstruation and raise awareness regarding a range of issues such as cultural taboos, lack of basic services like toilets and sanitary products etc. In order to spread awareness regarding menstrual hygiene among students, Red Ribbon Club, G. C. Nagrota Bagwan in association with the Bilaspur based NGO Health International organised an awareness lecture on 5<sup>th</sup> August, 2023 in the examination hall. Nearly 100 students attended the lecture.



*Shelly*

(Dr. Shelly Parul Bhatnagar)  
Nodal Officer (R.R.C.)  
G. C. Nagrota Bagwan

*Shelly*  
Principal

G. C. Nagrota Bagwan

EVENT : INTERNATIONAL YOUTH DAY

VENUE : BADMINTON COURT.

DAY & DATE : 12<sup>th</sup> AUGUST, 2023

NO OF PARTICIPANTS : 50

The International Youth Day is observed annually on August 12<sup>th</sup>. It is meant as an opportunity for governments and other institutions to draw attention to youth issues worldwide. In order to promote fitness and to encourage a healthy lifestyle, the Red Ribbon Club of the college along with Department of Physical Education organised Fitness Challenge Events for students.

The winners in various events are as follows :

Push Ups :-

1 <sup>st</sup>	[ Akash	B.A.-II <sup>nd</sup>	22SOC094
	[ Kanav	B.Sc.-II <sup>nd</sup>	22PHY020

Planks :-

1<sup>st</sup> - Ashish B.A.-I<sup>st</sup> 23SOC055

Arm Wrestling :-

1<sup>st</sup> - Aniket B.Com-I<sup>st</sup> 23CM103

Skipping :-

1<sup>st</sup> - Kajal Kaslan B.Com-II<sup>nd</sup> 22BCM025

Arm Wrestling:-

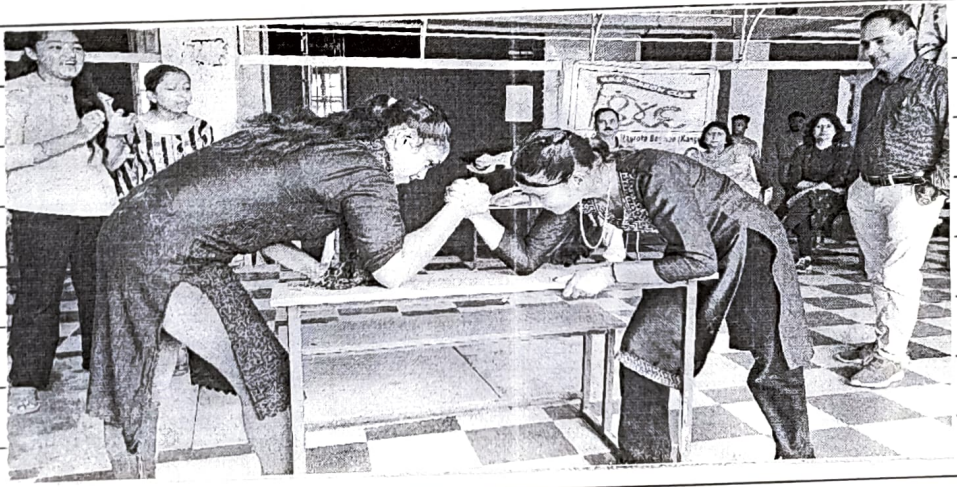
1st - Anjali 23ENG017 B.A-I

Planks :-

1st - Neha 23 BOT018 B.Sc-I

Push ups :-

1st Tanvi 23 B.Sc-I



Shelly

(Dr. Shelly Parul Bladual)  
N.O. (R.R.C.)  
G. C. Nagrota Bagwan

Principal

G. C. Nagrota Bagwan

EVENT: INTERNATIONAL YOUTH DAY.

VENUE: SMART CLASS ROOM

DAY & DATE: 12<sup>th</sup> AUGUST, 2023

NO. OF PARTICIPANTS: 50

In India people in the age group of 15-29 years comprise almost 25 percent of the country's population. However, they account for 31% of AIDS cases. This indicates that young people are at high risk of contracting HIV infection.

In order to sensitise students about AIDS, the Red Ribbon Club of the college organised the following events: -

### Poster Making: -

1 <sup>st</sup>	Palak Choudhary	B.A.-I	23POL021
2 <sup>nd</sup>	Anamika Saini	B.A.-III	21ENG028
3 <sup>rd</sup>	Sakshi Koundal	B.Sc.-I	23BOT019

### Painting : -

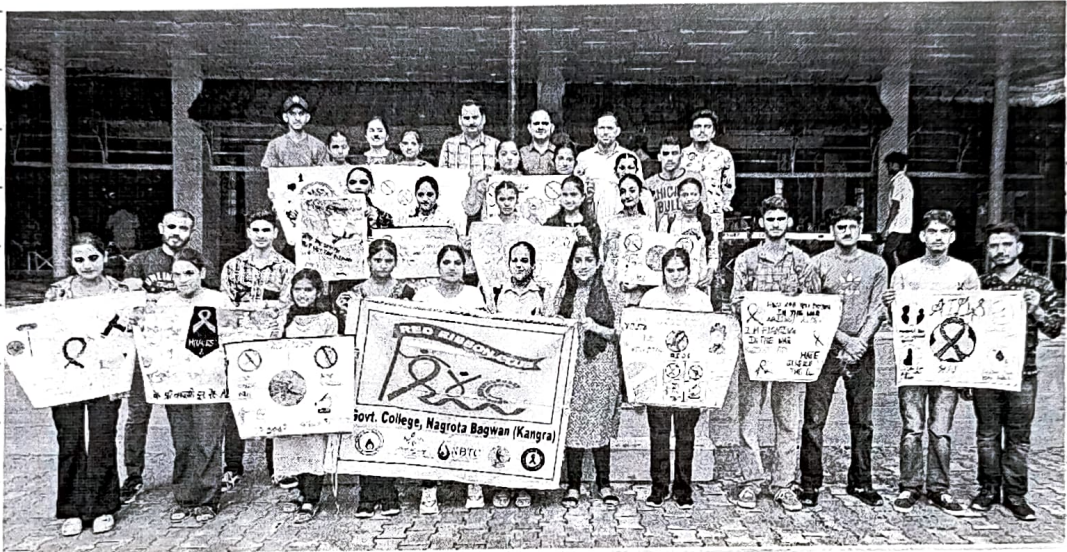
1 <sup>st</sup>	Radhika Kumari	B.A.-I	23POL086
2 <sup>nd</sup>	Isha	B.Sc.-I	23BOT040
3 <sup>rd</sup>	Shivani	B.A.-I	23ENG014

### Slogan Writing : -

1 <sup>st</sup>	Anurag	B.A.-I	23POL035
2 <sup>nd</sup>	Muskan Dhiman	B.A.-I	23POL050
3 <sup>rd</sup>	Divanshu	B.A.-I	23POL010

## Reel Making :-

1 <sup>st</sup>	Ashwani Kumar	B.A.I	23MUS001
2 <sup>nd</sup>	Saneha	B.Sc-I	23ZOO007
3 <sup>rd</sup>	Aryan & Aniket	B.C.A. (5 <sup>th</sup> Sem)	



Shelly

(Dr. Shelly Parul Bhadwal)  
N.O., RRC  
G. C. Nagrota Bagwan.

Principal

G. C. Nagrota Bagwan



**Event** : WORLD AIDS DAY

**Venue** : SMART ROOM : 209

**Day & Date** : Dec 1, 2023

**No. of Participants** : 50 (approx)

To face the precarious challenge of AIDS, awareness about this deadly disease is the need of the present times. Keeping this in mind, World AIDS Day was celebrated on Dec. 1, 2023 where more than 50 students participated. The event was organized by the Red Ribbon Club of the college. Different competitions e.g. Slogan writing, Declamation and Poster making were organized. Winners were encouraged by giving prize (cash) as well as certificates. Following are the name of winners in these competitions.

### Declamation

I	Shreya - B.Sc. I	Cash Prize	Rs. 200 + Certificate
II	Dinesh - B.A I		Rs. 100 + Certificate
III	Anjali - B.A I		Certificate

### Poster-making

I	Vansh - B.Sc I	Rs. 200 + certificate
II	Rupali - B.Sc I	Rs. 100 + Certificate
III	Neha - B.Sc I	Certificate

# एड्स जागरूकता दिवस मनाया

नगरोटा बगवां, 1 दिसम्बर (स.ह.): राजकीय उत्कृष्ट महाविद्यालय नगरोटा बगवां में एड्स दिवस पर जागरूकता अभियान के तहत कार्यक्रम आयोजित किया। डा. नारा लेखन, पोस्टर मेकिंग और वाद-विवाद प्रतियोगिता करवाई गई। पोस्टर मेकिंग में बी.एससी. प्रथम के वंश प्रथम स्थान पर रहे, बी.ए. द्वितीय वर्ष के रुपाली दूसरे स्थान पर एवं बी.ए. तृतीय वर्ष की नेहा तीसरे स्थान पर रही।

नारा लेखन में प्रथम स्थान पर बी.ए. द्वितीय वर्ष की मोनिका पहले स्थान पर, बी.ए. द्वितीय वर्ष की मोनिका दूसरे स्थान पर, बी.ए. तृतीय वर्ष की प्रीति तीसरे स्थान पर रही। भाषण प्रतियोगिता में बी.एससी. द्वितीय वर्ष की श्रेया पहले स्थान पर, बी.ए. प्रथम वर्ष के दिनेश और बी.ए. प्रथम वर्ष के अंजली तीसरे स्थान पर रहे।

पंजाब कैसरी (कांगड़ा कैसरी)

दिनांक 02-12-23

पृष्ठ संख्या - IV

02-12-2023  
Dated → Anna  
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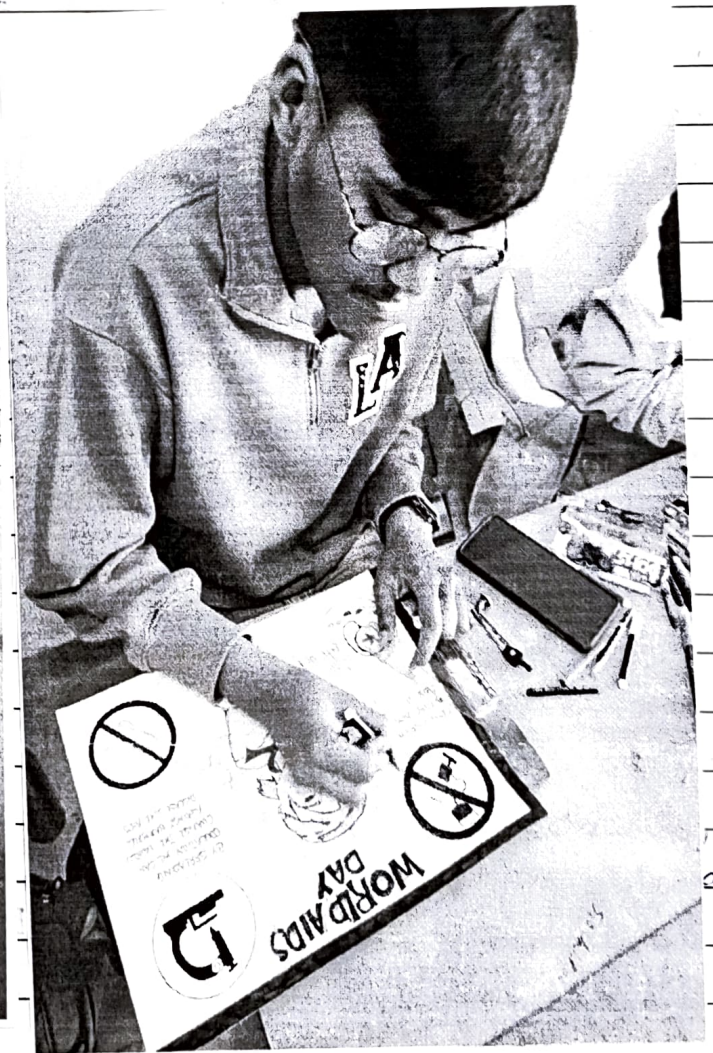
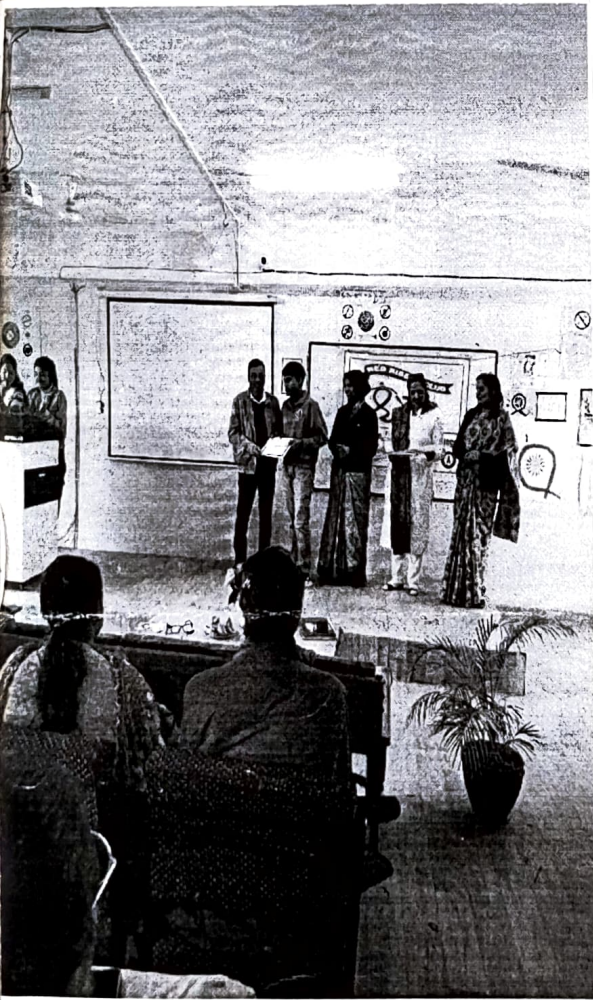
नगरोटा बगवां : राजकीय उत्कृष्ट महाविद्यालय नगरोटा बगवां में एड्स दिवस पर जागरूकता अभियान के तहत कार्यक्रम आयोजित किया गया। डॉ. माधवी पराशर के नेतृत्व में आयोजित कार्यक्रम में नारा लेखन, पोस्टर मेकिंग और वाद-विवाद प्रतियोगिता करवाई गई। पोस्टर मेकिंग में वंश प्रथम स्थान पर रहे। रुपाली दूसरे और नेहा तीसरे स्थान पर रही। नारा लेखन में प्रथम स्थान पर बीए द्वितीय वर्ष की मोनिका प्रथम, बीए द्वितीय वर्ष की मोनिका दूसरे और बीए तृतीय वर्ष की प्रीति तीसरे स्थान पर रही। भाषण में श्रेया, पहले, दिनेश और अंजलि तीसरे स्थान पर रही।

02-12-2023

## Slogan Writing

- I Monika - B.A I Rs. 200 + Certificate
- II Sonika - B.A II Rs. 100 + Certificate
- III Preeti - B.A II Certificate

Prof. Radhika, Prof. Salil Sagar and Prof. Nipunika Rana made their special contribution by Judging the events.



Event - Competition on AIDS Awareness

Venue - College Stage

Day & Date - Dec 9, 2023

No. of Participants: 08 (in a group of 2 to 3)

To tap the creative talent of students and also to provide them opportunity to make the other fellow students aware about the deadly disease AIDS, a 'Bengali Competition' was organized in the college on Dec 9, 2023. The event was organized by the Red Ribbon club of the college. Prof. Minod Guleria, Prof. Kailash and Prof. Ankan Chandra acted as Judges. The winners were given prizes by the worthy Principal of the college Dr. Rajesh Kumar.

### Winners

- |                        |       |                 |                     |
|------------------------|-------|-----------------|---------------------|
| 1. Anamika<br>Atanksha | — I   | BA III<br>BA II | [ Register as Prize |
| 2. Muskan<br>Pooja     | — II  | BA II<br>BA II  | [ Register as Prize |
| 3. Sneha<br>Arksha     | — III | BA-I<br>BA-I    | [ " " "             |
| Combined.              |       |                 |                     |
| 4. Shivani<br>Shilpa   | — III | B.A I<br>BA I   | [ " " "             |



*Dr. Madhi Panshar*  
NO RRE  
GC Nagrota Bagwan

*Principal*  
Principal  
Govt. College  
Nagrota Bagwan  
Dist. Kangra (H.P.)  
Principal  
GC Nagrota Bagwan  
(H.P.)

Event : Awareness on TB (Lecture)  
Venue : R. NO. 209 (Smart class room)  
Day and Date : March 4, 2024 (Monday)  
No. of Participants : 50

Being an educational institution, it is the duty and responsibility of the concerned that they guide the students in the right direction to face the precarious situations in their lives. To create awareness for the deadly diseases e.g. HIV and TB is an essential part of it. Red Ribbon Club of the College has organized a lecture on TB by Dr. Arunag and Supervisor Sh. Sangeev Kumar of Govt. Hospital, Nagota Bagwan in this direction. Dr. Arunag spoke about the causes, types and prevention to be taken care of regarding TB. The team of Dr. Arunag and supervisor Sh. Sangeev also distributed pamphlets regarding the ways to prevent TB and also the detailed information and contact in emergency. Dr. Sunder Kumar Soni, Principal Govt. College Nagota Bagwan emphasized the role of cleanliness and meditation in one's life. The resource persons were given mementos and the letters of appreciation by the worthy principal of the college. It was also decided that a quiz regarding TB and the information provided by the resource persons would be organized next day.

Mlu  
Nodal Officer  
RRC, GC Nagota Bagwan



*Saravathi*  
 Principal  
 Govt College  
 Narasimha Rayan

Event : Quiz on TB Awareness  
Venue : R.No. 209  
Day and Date : March 5, 2024  
No. of Participants : 43

A quiz based on the lecture delivered on March 4, 2024 by Dr. Anurag of G.H. Nagrota Bagwan about TB awareness, was conducted in R.No. 209 on March 5, 2024. Five teams comprising of three members each participated in the quiz with full zeal and enthusiasm. Team D got the first prize of Rs. 1000/- and Team B and Team A got second of Rs. 600/- and third of Rs. 400/- respectively. The worthy principal of the college Dr. Swinder Koni encouraged the students by giving away the prizes. He spoke on the value of taking part in the competitions to make progress in life. A cash prize of Rs. 200/- was given to Sneha, B.A Part I for making Reel on HIV. The event was organized by the Red Ribbon Club of the college.



Principal  
Govt. College  
Nagrota Bagwan  
Distt. Kangra (H.P.)



Signature of the winners

1. Kartik  
2. Deepika  
3. Anjali  
I Prize. ] Rs. 1000/- [Team D]  
Kartik  
Deepika  
Anjali

4. Pooja  
5. Muskan  
6. Akanksha  
II Prize ] Rs. 600/- [Team - B]  
Pooja  
Muskan  
Akanksha

7. Saneha  
8. Sanchal  
9. Namika  
III Prize ] Rs. 400/- [Team - A]  
Saneha  
Sanchal  
Namika

Reel Making on HIV

Saneha (Rs. 200/- for Reel Making received) - Saneha

M/S  
N.O., RRC  
Govt College,  
Nagrota Bagwan

Suranchalani  
6/3/2024  
Principal  
Govt. College  
Nagrota Bagwan  
Distt. Kangra (H.P.)  
Principal  
Govt College,  
Nagrota Bagwan