

Date:

Page No.

SESSION

2023 - 2024

List of Gender Champions

Sr. No.	Name	Father's Name	Class R.N.	Mobile No.	Blood Group	Sign
01	Sahil		22ENG03			Sahil
02	Rahul		22ENG014			Rahul
03	Karan		22ENG025			Karan
04	Akasha		22ENG030			Akasha
05	Pooja		22ENG034			Pooja
06	Rupali		22ENG037			Rupali
07	Apsara		23ENG001			Apsara
08	Vipin		23ENG011			Vipin
09	Tanav		23ENG028			Tanav
10.	Shreya		23ENG002			Shreya
11.	Shweta		23ENG006			Shweta

Date: 05/08/23

Page No.



Mrs. Pooja Sharma, volunteer from NGO addressed students



Mrs. Rajni, volunteer from NGO delivered lecture on Women Hygiene?

August, 2023

Date : 05-08-2023

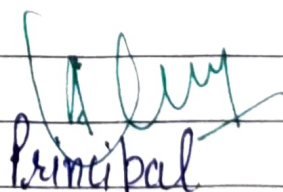
Venue : College Hall

No. of participants - 67

Topic - Women Hygiene

Report :

On 05th August, 2023 "Gender Champion Unit" in collaboration with "Health International NGO" organised one day workshop on 'Women Hygiene'. Mrs. Ragni and Pooja Sharma, the volunteers from this NGO delivered lecture on this topic. They said good personal hygiene is one of the best ways to protect yourself from getting gastro or infectious diseases. Especially they talked about menstrual hygiene and said that it shields from illness or infections that might impair your immune system. They asked many questions from girls and solved their doubts. It was a very information-oriented workshop.



Principal

Dr. Ashok Kumar Choudhary
Govt. Degree College
Nagesh Bagawan
H.P.

Date : 06 - 09 - 2023

Time : 12:30

Venue : Smart Room

No. of Participants : 32



Declamation Contest on Gender Sensitization



Date : 06-09-2023

Time : 12:30

Venue : Smart Room

No. of Participants : 32

REPORT °

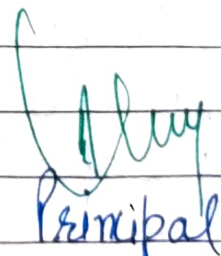
Gender Champion Unit of the College organised 'Declamation Contest' on dated 06-09-2023. B.Sc Ist year students Sejal, Vanshika, Muskan, Sahil, Palak, Soujal, Nancy and B.A. IInd Year students Nancy, Kritika, Mansi, Tammanna, Bharti, Rashi, Shagun, Rishika, Gourav, Diksha, Monika and Saloni spoke about 'Gender Sensitization'.

Name of the Winners °

- (I) First position ° Muskan - B.Sc Ist Year
- (II) Second position ° Rashi - B.A. IInd Year
- (III) Third position ° Diksha - B.A. IInd Year

~~_____~~

Sunita Devi



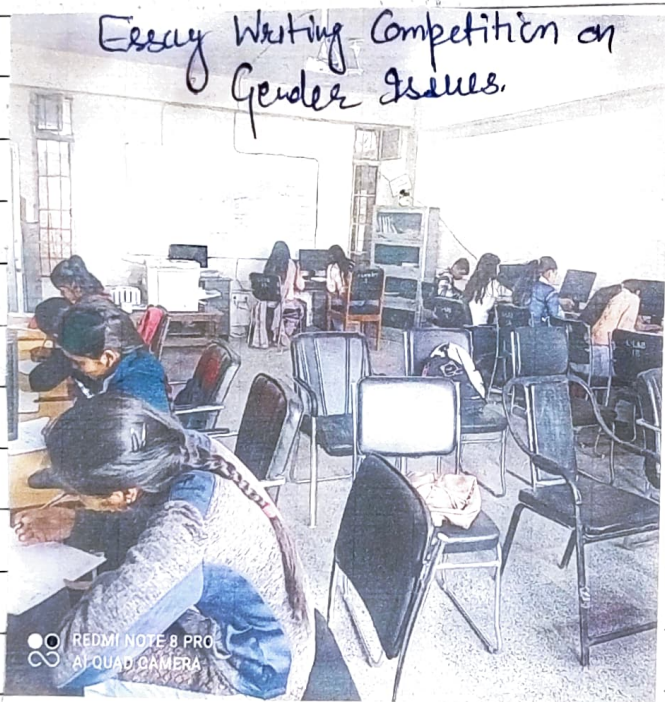
Principal
G. C. Nagrota Bagar
H. P.

Date : 18-10-2023

Time : 11:30 A.M.

Venue : Language Lab

Nb. of. Participants : 24



REPORT : "An Essay Writing" Competition on Gender Issues was organised by 'Gender Champion Unit' of the College in the Language Lab. The students of major English took part in this competition.

Name of Winners :

- (I) First — 23ENG034 — B.A. 1st Year
- (II) Second — 23ENG037 — B.A. 1st Year
- (III) Third — 23ENG030 — B.A. 1st Year

Principal
G.C.
Nagsaha
Sagar
(H.P.)


Date : 19-12-2023

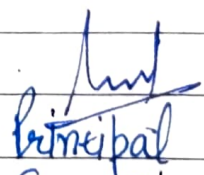
Time : 12:30 P.M.

Venue : Smart Room

No. of Students : 43

REPORT : 'Gender Champion Unit' organised 'Quiz Competition' for the students of B.A./ B.Sc/ B.Com students of the College. Team A, B, C and D were formed to conduct the competition. The main objective of the competition was to develop competitive skill of the students. All the students actively participated in the competition. It was related to topics like gender issues, gender sensitization and H.P. general knowledge. Team A, Team B, Team C and Team D were formed. All the students actively participated in this competition. They showed keen interest in this.


Sunita Devi


Principal
G.C. Nagrota
Bagwan
(H.P.)

Date : 07-02-2024

Venue : College Hall

No. of Participants : 64

Topic : Lecture on 'Health and Hygiene'




स्वच्छता जीवन का अहम हिस्सा है: डॉ. सोनी

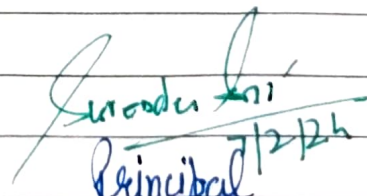
नगरोटा बगवां (कांगड़ा)। राजकीय उत्कृष्ट महाविद्यालय नगरोटा बगवां में कैरियर परामर्श सेल और जेंडर चैंपियन इकाई की ओर से महिला पर्सनल हाइजीन विषय पर एक व्याख्यान का आयोजन किया गया। प्राचार्य डॉ. सुरिंद्र कुमार सोनी ने कहा कि स्वच्छता जीवन का अहम हिस्सा है। महिला हाइजीन के संदर्भ में उन्होंने महत्वपूर्ण जानकारी दी। अंतरराष्ट्रीय महिला हाइजीन गैर सरकारी संगठन की मुख्य प्रवक्ता अनु परमार ने महाविद्यालय की लड़कियों को अपने शरीर का कैसे ख्याल रखना है, के बारे में बताया। संवाद



REPORT :

'Gender Champion Unit' organised one day lecture in collaboration with 'Career Counselling Guidance Cell'. Mrs. Anu Parmar, Volunteer, International Health NGO spoke about health and hygiene. She told girls about menstrual hygiene and how they can take care of their other female issues. Principal, Dr. Swander Kumar Soni also talked about health and personal hygiene. It was very informative lecture.


Sunita Devi


Principal
7/2/24
G.C. Nagrota Bagwan
(H.P.)