



**GOVERNMENT COLLEGE
NAGROTA BAGWAN**

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Annual Report- Red Ribbon Club

2022-2023



Red Ribbon Club

Govt. College, Nagrota Bagwan



Menstrual Hygiene Day is an annual awareness day which is observed on 28th May to highlight the important of good menstrual hygiene management. With the purpose of breaking taboos and ending stigma surrounding menstruation, the Red Ribbon Club of the college organized an awareness lecture for the female students of the college. The lecture was delivered by Dr. Shelly Parul Bhadwal, Nodal Officer, Red Ribbon Club, Nearly 50 students of post-graduate classes attended the lecture. Additionally, a poster regarding menstrual hygiene was installed in the girls' washroom to spread awareness about this issue.



The Red Ribbon Club of Govt. College Nagrota Bagwan along with the health officials of Govt. Hospital, Nagrota Bagwan, organized a **One-day Vaccination Camp** on 6th August, 2022 to provide booster vaccines for COVID-19 to the students, teachers and non-teaching

staff of the college. Around 100 booster vaccines were administered in the camp. Apart from college teachers, non-teaching staff and students, residents of nearby villages also benefitted from the camp. The Principal of the college, Dr. Ashok Kumar Chaudhary, senior teachers and Nodal Officer of Red Ribbon Club, Dr. Shelly Parul Bhadwal ensured the success of the camp by encouraging the students for vaccination.



International Youth Day is observed annually on 12th August. It is meant as an opportunity for governments and others to draw attention to youth issues worldwide. In order to encourage the engagement of youth in matters of society and nation, Red Ribbon Club organized a motivational lecture on 12th August. Nearly 60 students attended the event. The students were addressed by Dr. Shelly Parul Bhadwal, Nodal Officer, R.R.C. The lecture was in tandem with the ongoing celebrations of Azadi Ka Amrit Mahotsav. A poster-making competition was also organized for the students.



The Red Ribbon Club of the college organized slogan writing competition, declamation competition and singing competition to observe **Azadi Ka Amrit Mahotsav** on 12th August, 2022. The Nodal Officer, Dr. Shelly Parul Bhadwal addressed the students while motivating them to contribute towards the progress of the society and nation. A presentation on Freedom Fighters of India was also given during the program to acquaint the students with the glorious history of our great nation. The program ended with the singing of Vande Mataram.



Gunjan Foundation in association with Red Ribbon Club of Govt. College Nagrota Bagwan organized a **Lecture on Prevention of Drug Abuse among Student** on 27th August, 2022. Nearly 100 students of the college participated in this lecture. Mr. Nikhil Sharma and Mr. Vijay Kumar of the Gunjan Foundation addressed the students and motivated them to take positive steps to prevent drug abuse.



The Red Ribbon Club of the college along with the NSS Unit organized an **Anaemia Test and Treat Camp** on 9th September, 2022 for the female students of the college in association with the health officials from Govt. Hospital Nagrota Bagwan. More than 100 female students were tested for their Hb levels. It was found that most students suffer from severe or moderate level of anaemia. Thereafter, the students were addressed by Dr. Sapna Sharma as well as by Dr. Ruby Bhardwaj (B.M.O., Nagrota Bagwan) about nutrition and healthy living. This event was part of the ongoing National Nutrition Month.



The Red Ribbon Club of the college along with the NSS Unit organized an **Awareness lecture on Eye Donation** on 9th September, 2022. The National Eye Donation Fortnight is observed every year from 25th August to 8th September every year. Dr. Gaurav Sharma, Associate Professor, Department of Ophthalmology, RPGMC, Tanda was the invited speaker for the event. His lecture served as a myth-buster regarding eye donation. He motivated the students to pledge their eyes for donation after death and help someone see the world through their eyes.



With the intent of spreading awareness about drug abuse, the Red Ribbon Club of the college along with the Department of Police organized an **Awareness Lecture on Drug De-addiction** for the students of the college on 12th September, 2022. Mr. Sanjay Sharma from the Department of Police addressed the students and motivated them to lead healthy lives. The Principal of the college Dr. Ashok Kumar Chaudhary also addressed the students and reiterated the need to stay away from drugs and other addictions.



An **Awareness Lecture on Drug abuse and Drug De-addiction** was organized by Red Ribbon Club in association with Tehsil Welfare Office, Nagrota Bagwan (Department of Social Justice and Empowerment). The SDM (Nagrota Bagwan) Mr. Munish Sharma, BMO, Dr. Ruby Bhardwaj, SHO Mr. Ashok Rana, Tehsil Welfare Officer Ms. Deepali Tomar as well as members of the local Anti-Drug Abuse Organization (ADON) were present during

the event. Students were addressed by the SDM, BMO, SHO, TWO and social workers from the ADON organization. Additionally, Slogan Writing, Poster-Making and Declamation Competition were held for the students.



A One Day Seminar/Workshop on Malnutrition and TB organized by the Department of Health on 29th September, 2022 at Zonal Hospital, Dharmshala was attended by Nodal Officer of the Red Ribbon Club.



Volunteers of Red Ribbon Club presented a street play as part of the Voter Awareness Campaign. Nearly 60 students attended the event.



Volunteers of Red Ribbon Club along with students of the Department of English and the Department of Hindi went on an educational tour to Shanon Hydel Project, Barot.



The Red Ribbon Club of the college observed World AIDS Day on 1st December, 2022. On this occasion, the club organized declamation competition, poster making completion and slogan writing competition for the students.



Participation of RRC volunteers in Blood Donation Camp organised by the college.

RED RIBBON CLUB



Voter's Awareness Campaign



Azaadi ka Amrit Mahotsav



World AIDS Day



Anemia Test and Treat Camp



One Day Vaccination Camp

Awareness Lecture on Eye-Donation



Educational Tour to Shanon Hydel Power Project, Barot



Awareness Lecture on Drug Abuse among Adolescents by Gunjan Foundation