

DATE:

Date: 20-12-2022

Time: 12:00 PM

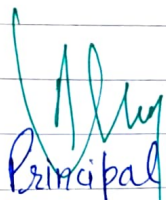
Venue: College Campus

Organiser: Yoga and Meditation Club

REPORT:

A lecture on the relevance of Indian Scriptures was organised by Yoga and Meditation Club of Nagrota Bagwan. The students of B.A. Ist and B.A.IInd got enlightened with the spiritual heritage of Indian Scriptures. Prof. Swaran Lata who is teaching Sanskrit in the College enlightened students with her knowledge of not only Sanskrit language but also the relevance of India's Scriptures. She advised students to read these scriptures which are very helpful in the holistic development of human beings. She talked about Vedas, Puranas, Bhagavad Gita and Ramcharitmanas. She shared her views about beautiful Indian History, and how we can sustain this heritage. These scriptures talk about real-world matters such as finance, occupation, warfare, human values, social conduct and management which we can learn by reading and practise them in our life. They also provide solutions to these matters.

In-Charge
Sunita Devi


Principal
Govt. College Nagrota Bagwan
H.P.