

DATE: 09-03-2023

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Time: 11:00 a.m.

Venue: Meditation Room

Organises: Yoga and Meditation Club

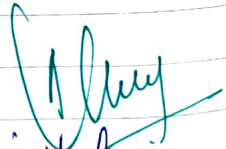
Report :

In order to commemorate 'International Women Day' the Yoga and Meditation Club of the College celebrated and remembered the contribution of Indian female saints. Sadhika, student of B.A., IIIrd expressed her views and said that Indian culture has nurtured and revered wise, progressive and spiritually advanced women throughout history. She elaborated the names:

- ① Arundati
- ② Devahuti
- ③ Gargi
- ④ Ghosha
- ⑤ Vakdevi
- ⑥ Aurviyas
- ⑦ Vasuki

who were the famous female saints. Some were princesses who married great Hindu sages. Others were born to rishi parents who nurtured their interest in spirituality from childhood. Vakdevi and Ghosha were exponents of vedic hymns. These saints did not care about being "equal to men", their goal was simply to be the best possible version of themselves which naturally placed them intellectually and spiritually on par with any great sage or devotee. So, the students came to know about these female saints and their contribution in the spiritual growth of human beings.

In-Charge
Sunita Devi


Principal
Govt. College Nagrota Bagwan
H.P.