

Annual Report

2021-2022

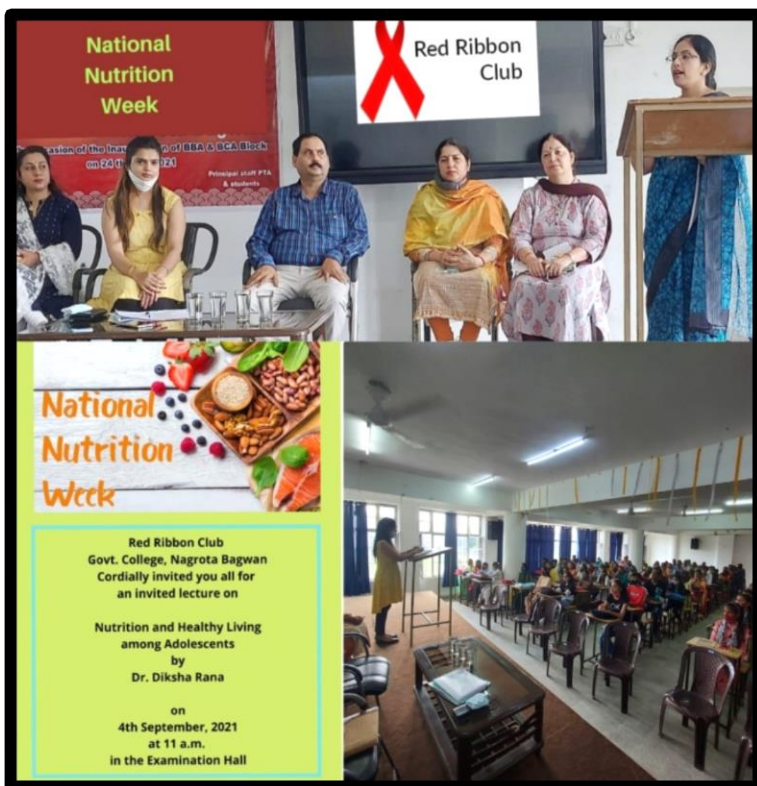


Red Ribbon Club

Govt. College, Nagrota Bagwan



International Youth Day observed on 12th August, 2021. In order to encourage the engagement of youth in matters of society and nation RRC organised a motivational lecture for the students. Nearly 60 students attended the online event. The invited speaker for the event was Dr. H. S. Jamwal.



National Nutrition Week observed from 1st to 7th September, 2021. In an endeavor to promote the idea of a good diet for healthy living among students, an invited lecture was delivered by Dr. Diksha Rana, (Nutritionist and Dietician at Shri Balaji Hospital). The lecture was attended by 100 students.



World First Aid Day observed on 11th September, 2021. In order to promote awareness among college students regarding first aid training, the RRC organised an awareness program for the students with hands on drill to demonstrate evacuation process during emergencies and disasters.



Anti Drug Abuse Awareness program observed on 25th October, 2021 With the intent of sensitising the youth regarding the ill effects of drug abuse on their mental and physical health, a poster making competition was organised by the RRC. 30 students participated in the event.



Health and Fitness Awareness Program

observed on 20th November, 2021. In order to promote the idea of healthy lifestyle and fitness among youth the RRC along with Department of BCA organised a friendly cricket match for the students.



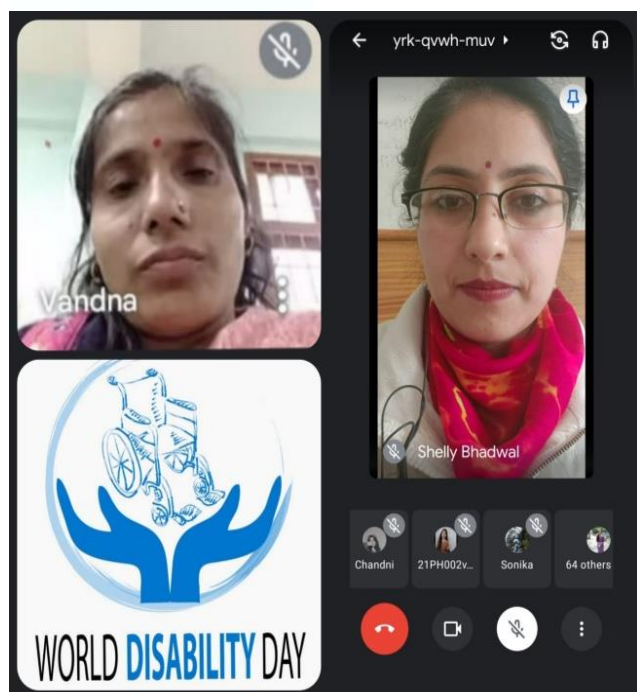
Two student volunteers of RRC, G.C. Nagrota Bagwan (Mr. Vishal Sharma and Mr. Sandeep) attended the one day training organised by Department of Health, District Kangra.



AIDS Awareness Week: With the objective of sensitizing the students regarding AIDS and to acquaint them with the symptoms, causes and cure of the disease, the RRC organised an AIDS awareness week wherein DR. Abhishek Thakur was invited as guest speaker. Furthermore, one-minute video making, poster making, slogan writing and essay writing competitions were organised for the students.







International Day of Persons with Disability was observed on 3rd December, 2021. RRC Govt. College Nagrota Bagwan collaborated for an online lecture with the NSS Unit of Govt. College Sujampur to sensitise the students on the issues of disability and thus mobilize support for the dignity, rights and well-being of persons with disability. The lecture was delivered by Prof. Vandana Kumari, Assistant Professor, Department of English, Govt. College, Sujampur.



Blood Donation Camp was organized by the Commerce Society of the College on 14th December, 2021. Volunteers of NSS, R&R and RRC Units of the college gave their services for the successful and smooth conduct of the event.

स्वच्छता अभियान आयोजित

नगरोटा बगवां, 24 दिसम्बर (स.ह.): राजकीय महाविद्यालय नगरोटा बगवां के रेड रिबन क्लब व एक भारत श्रेष्ठ भारत इकाई ने महाविद्यालय परिसर में स्वच्छता अभियान चलाया गया। इसमें क्लब अध्यक्ष विशाल शर्मा व सूर्याश तथा छात्रों ने बढ़-चढ़कर भाग लिया। रेड रिबन क्लब की नोडल ऑफिसर डा. शैली पारुल भडवाल व डा. संजीव कुमार ने छात्रों को स्वच्छता का महत्व समझाया।



आपका फैसला

रेड रिबन क्लब व एक भारत श्रेष्ठ भारत
इकाई ने स्वच्छता अभियान चलाया

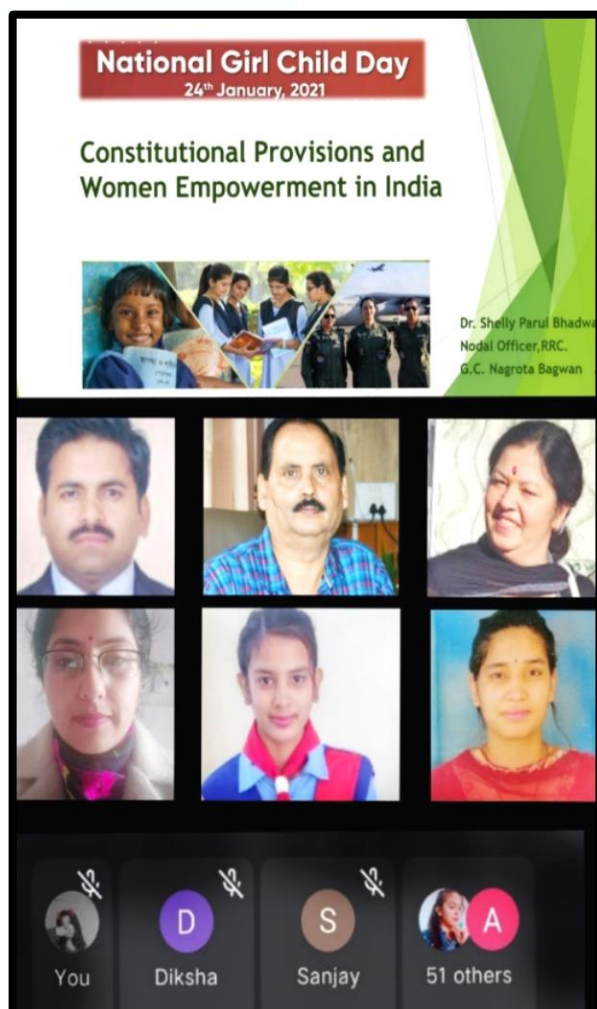


नगरोटा बगवां। राजकीय महाविद्यालय, नगरोटा बगवां के रेड रिबन क्लब व एक भारत श्रेष्ठ भारत इकाई ने महाविद्यालय परिसर में स्वच्छता अभियान चलाया। इसमें क्लब अध्यक्ष विशाल शर्मा व सूर्याश तथा सदस्य छात्रों, छात्राओं ने बढ़-चढ़कर भाग लिया। रेड रिबन क्लब की नोडल ऑफिसर डा. शैली पारुल भडवाल एवं डा. संजीव कुमार ने छात्रों को स्वच्छता का महत्व समझाया। इसमें महाविद्यालय के प्राचार्य डॉ. अशोक कुमार चौधरी ने भी छात्रों को संबोधित किया और जागरूक किया।



Cleanliness Drive on 24th December, 2021. The RRC along with volunteers of EBSB Committee organised a cleanliness drive in the college premises

Virtual Youth Convention hosted by DAPO Kangra was attended by Dr. Shelly Parul Bhadwal (RRC, Nodal Officer) and Campus Ambassador Mr. Vishal Sharma on 12th January, 2022.



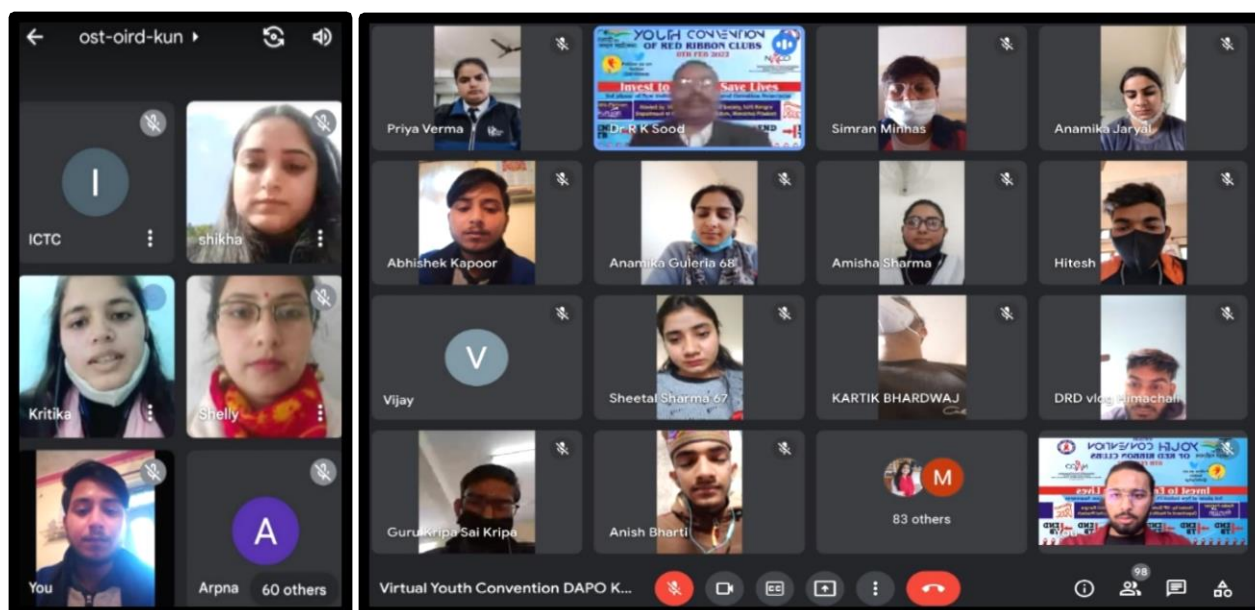
The **National Girl Child Day** was observed by RRC of G.C. Nagrota Bagwan on 24th January, 2022. With the objective of spreading awareness about the rights of the girl child and the importance of female education, health and nutrition, an online lecture on “Constitutional Provisions and Women Empowerment in India” was delivered by Dr. Shelly Parul Bhadwal, Nodal Officer (RRC). Additionally an online declamation competition on the topic “Adequacy of Laws for Women Empowerment in India” was organised for the students.



A **painting competition** was organized by the Red Ribbon Club in association with the Betian Foundation in Room no. 304 on 22nd February, 2022. The theme of the competition was “Save the environment”. 22 girl students participated in the event.



Virtual Youth Convention under the National AIDS Control Programme was hosted by DAPO Kangra on 9th February, 2022. The event was organised with the intent to spread awareness regarding HIV, TB and Blood Donation among youth. The theme of the program was “Responsible choices for a bright future”. The Nodal Officer, Red Ribbon Club, G.C. Nagrota Bagwan (Dr. Shelly Parul Bhadwal) and student representative Mr. Abhishek Kapoor (M.A. 2nd yr) attended the event.





International Women's Day was observed by the EBSB unit of the college. The event was attended by Principal, Dr. Ashok Chaudhary, faculty members and students of the college. Students were addressed by Dr. Ashok Chaudhary, Prof. Sapna Bakshi, Prof Sunita Sirmoria, Dr. Shelly Parul Bhadwal and Prof. Rachna Thakur to motivate the young minds and sensitize them towards the cause of Women's Rights. Students also expressed their views on women empowerment during the event.



The Red Ribbon Club of the Govt. College Nagrota Bagwan observed **World Tuberculosis Day** on 25th March, 2022 in Smart Class Room. The invited speaker for the event was Dr. Veena Gupta, medical specialist at the Department of Physiology, Dr. Rajender Prasad Medical College, Tanda (Kangra). Additionally, Principal Dr. Ashok Chaudhary and Dr. Shelly Parul Bhadwal, Nodal Officer (RRC) addressed the students. This was followed by two oral

presentations on TB in India given by Suryansh (B.A.-II) and Chandani (B.A.-II) and an animated presentation was prepared for TB awareness by Aryan and Aniket (BCA-I)

